'Working together to achieve success'

Newsletter: 6 Mon 05.02.24



Safer Internet Day 2024

Together for a better internet

Tuesday 6 February

WEEK

We teach the children about Online Safety throughout the school year, but also have focussed weeks to raise the profile of this important area to children and families. This week, we are taking part in the national **Safer Internet Day** with classes learning about how to '**Manage online information**' and '**Online reputation**'. Full details of what will be taught, can be found at the end of this newsletter.

Children's Mental Health Week 2024

Here at Mossgate Primary School we do lots to support children's mental health and well-being including all classes having this as a focus for our Autumn Term learning, weekly mindfulness sessions and having a dedicated Mental Health Practitioner to support children and parents with a range of mental and health and well-being needs.

This year we're proud to be taking part in @Place2Be's
#ChildrensMentalHealthWeek (5-11 February 2024). 1 in 6 children and
young people have a diagnosable mental health condition. This week we are raising
awareness of the importance of children and young people's mental health
This year's theme is My Voice Matters, and @Place2Be hopes to empower, equip and give a voice to every
child in the UK.

Our plans for this week:

- A special assembly with the theme 'My Voice Matters' with Mr Smith and Kate, our Mental Health Practitioner.
- Kate will be visiting all KS2 classes to complete a short Well-Being questionnaire. We will then use this to identify topics and themes for us to support over the coming months.
- All classes will take part in workshops and sessions around the theme 'My Voice Matters' with Mrs Boswell and/ or their teachers.
- We will share support information and advice each day on Facebook.

On Friday, we will have an 'Express Yourself Day'. On this day we will encourage children and young people to celebrate what makes them unique with a non-uniform day. The children could:

- Let your personality shine through by wearing your favourite colours
- Show off your team spirit with your favourite team's kit
- Come as you are and wear your comfiest clothes!
- Wear something linked to a hobby they have.
- Or it could just be coming in as themselves.

Wear what makes you... you and celebrate what sets you apart. Express Yourself is about letting children's voice shine through and empowering them to tell their own stories! On the day, children are welcome to bring a voluntary donation that we will donate to 'Place2Be' to support the fantastic work that they do.

To find out more visit: www.childrensmentalhealthweek.org.uk
Mrs Boswell

Reception Places for September 2024

We are delighted to be oversubscribed once again with 105 families choosing Mossgate Primary School for September 2024 due to our strong reputation in local area. An amazing **forty-six families** put Mossgate as their **first choice** which reflects the brilliant work of all staff at Mossgate and the support you provide at home as well. 'Working together to achieve success'.

Dates for your Diary

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Thurs 08/02	Local artist, Helen Yates, working with Y3
Fri 09/02	Reception class parent event in the hall, 1pm – 'Come and see how we learn'
Fri 09/02	'Express Yourself' Non-Uniform Day
Fri 09/02	School closes for February half-term
Mon 19/02	School reopens – no clubs this week
Thurs 22/02	PSFA Spring Disco (£2.50 for entry, bag of Haribo and juice, entertainment and games)
Mon 26/02	Clubs resume
Mon 04/03	Academy Photography in for class & leavers photos
Wed 06/03	Reception walk to the post box to post cards
Tues 12/03	Governors' School Improvement Committee, 4:30pm
Wed 13/03	Parents' Evening with children's books – booking details to be sent next week
Fri 15/03	PSFA Non-uniform – chocolate donations please
Fri 15/03	Red Nose Day – fundraising activities to be organised by the Mossgate Parliament
Fri 15/03	Reception Stay and Learn Afternoon in the hall, 1pm
Tues 19/03	Y5&6 Be The Change Trip to Lancaster University
Thurs 21/03	Y2 taking part in Singing Festival, Lancaster Town Hall
Fri 22/03	Y3 taking part in Singing Festival, Lancaster Town Hall
Mon 25/03	No clubs this week
Wed 27/03	Y4 Virtual Ancient Greece session with the British Museum
Wed 27/03	PSFA Chocolate Tombola, after school
Wed 27/03	PSFA Easter Bingo, 6-8pm (£1 per book of 6 games / drinks and sweets on sale)
Thurs 28/03	School closes for the Easter break
Mon 15/04	School reopens for the summer term

	Safer Internet Week – February		
	Managing online information	Online reputation	
EYFS	I can talk about how to use the internet as a way of finding information online. I can identify devices I could use to access information on the internet.	I can identify ways that I can put information on the internet.	
۲۲	I can give simple examples of how to find information using digital technologies, e.g. search engines, voice activated searching. I know / understand that we can encounter a range of things online including things we like and don't like as well as things which are real or make believe / a joke. I know how to get help from a trusted adult if we see content that makes us feel sad, uncomfortable, worried or frightened.	I can recognise that information can stay online and could be copied. I can describe what information I should not put online without asking a trusted adult first.	

I can use simple keywords in search engines. I can explain how information put online about I can demonstrate how to navigate a simple webpage to get to someone can last for a long information I need (e.g. home, forward, back buttons; links, tabs time. and sections). I can describe how I can explain what voice activated searching is and how it might be **4**2 anyone's online information used, and know it is not a real person (e.g. Alexa, Google Now, could be seen by others. Siri). I know who to talk to if I can explain the difference between things that are imaginary, something has been put 'made up' or 'make believe' and things that are 'true' or 'real'. online without consent or if it is incorrect. I can demonstrate how to use key phrases in search engines I can explain how to search for information about others online. to gather accurate information online. I can explain what autocomplete is and how to choose the best I can give examples of what suggestion. anyone may or may not be willing to share about I can explain how the internet can be used to sell and buy ₹3 themselves online. I can explain things. the need to be careful before sharing anything personal. I can explain the difference between a 'belief', an 'opinion' and a 'fact. and can give examples of how and where they might be I can explain who someone can shared online, e.g. in videos, memes, posts, news stories etc. ask if they are unsure about putting something online. I can analyse information to make a judgement about probable accuracy I can describe how and I understand why it is important to make my own decisions regarding to find out content and that my decisions are respected by others. information about others by searching I can describe how to search for information within a wide group of online. technologies and make a judgement about the probable accuracy (e.g. social media, image sites, video sites). I can explain ways 7. that some of the I can describe some of the methods used to encourage people to buy information about things online (e.g. advertising offers; in-app purchases, pop-ups) and can anyone online could recognise some of these when they appear online. have been created, copied or shared by I can explain why lots of people sharing the same opinions or beliefs online others. do not make those opinions or beliefs true.

I can explain the benefits and limitations of using different types of I can search for information search technologies e.g. voice-activation search engine. I can about an individual online explain how some technology can limit the information I am and summarise the presented with. information found. I can explain what is meant by 'being sceptical'; I can give I can describe ways that examples of when and why it is important to be 'sceptical'. information about anyone online can be used by others I can evaluate digital content and can explain how to make to make judgments about an choices about what is trustworthy e.g. differentiating between individual and why these may adverts and search results. be incorrect. I can explain key concepts including: information, reviews, fact, opinion, belief, validity, reliability and evidence. I can explain how search engines work and how results are selected and ranked. I can explain the I can explain how to use search technologies effectively. ways in which I can describe how some online information can be opinion and can offer examples. anyone can I can explain how and why some people may present 'opinions' as 'facts'; why the develop a popularity of an opinion or the personalities of those promoting it does not positive necessarily make it true, fair or perhaps even legal. online I can define the terms 'influence', 'manipulation' and 'persuasion' and explain how reputation. someone might encounter these online (e.g. advertising and 'ad targeting' and I can targeting for fake news). explain strategies I understand the concept of persuasive design and how it can be used to influences anyone can peoples' choices. use to protect their I can demonstrate how to analyse and evaluate the validity of 'facts' and 'digital information and I can explain why using these strategies are important. personality' and online I can explain how companies and news providers target people with online news reputation, stories they are more likely to engage with and how to recognise this. including degrees of I can describe the difference between online misinformation and dis-information anonymity. I can explain why information that is on a large number of sites may still be inaccurate or untrue. I can assess how this might happen (e.g. the sharing of misinformation or disinformation). I can identify, flag and report inappropriate content.

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Community News

Staff will often post details or services, clubs and events on Facebook, but I will try to include in future newsletters so that those not on Facebook will also receive details.







Parent Workshops

Lancashire FAMILY

at Morecambe and Lancaster
College

@The Hub

Wednesday, 27th March 1.00-2.30 PM

Teenage Brain

Thursday, 23rd May 10.00-11.30 AM Transitions

Wednesday, 10th July 10.00 - 11.11.30 AM

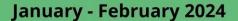
Parent Resilience/ Rest

If you would like any more information please email our practitioner Katie Lewis at katielewis@barnardos.org.uk





What's On At Our Centres?





Ryelands Park, Owen Road, Lancaster, LA1 2LN

Monday:

Baby & You (0-pre walkers) 10am - 11am

Tuesday:

Infant Massage (B) 10am - 11am 11am - 12pm

Chat, Play & Read 1pm - 2.30pm

Wednesday:

Development Matters 9.30am - 10.30am

Chill & Chat 10.30am - 11.30am

Colourful Footsteps 1pm - 2.30pm

Thursday:

Triple P Group (B) 9.30am - 11.30am

Inside Out (8-11 years) 3.30pm - 4.30pm

Bump, Birth & Beyond (B) 5.30pm - 7.30pm

Friday:

Mini Move & Groove 9.30am - 11am



Do you want to know more information about the sessions, or have a general query about what else we offer?

Give us a call on 01524 581280

Poulton Sensory Room

Poulton Sensory Room is available to use **free** of charge at Poulton Neighbourhood Centre.

Use of the Sensory Room is subjected to availability. The following sessions you need to book on to join in...

Infant Massage Big Cook, Little Cook Triple P Courses Bump, Birth & Beyond Courses

Carnforth

Kellet Road, Carnforth, LA5 9LS

Monday:

FAB (Breastfeeding Support Group) 9.30am - 11am

Infant Massage (B) Starts Feb 2024 10am - 11am

> Development Matters 1pm - 2.30pm



Inside Out (8 - 11 years) 3.30pm - 4.45pm

Monday:

Special Guardianship Stay & Play Group 9.30am - 11am (1st Monday of the month)

Tuesday:

Baby & You (0 - pre walkers) 9.30am - 10.30am

> Deaf Baby Group 1-2.30pm

Big Cook, Little Cook (B) 3.30pm - 4.45pm

Westgate

Langridge Way, Westgate, Morecambe, LA4 4XF

Wednesday:

Teen Triple P (B) 1pm - 3pm

Bump, Birth & Beyond (B)

5.30pm - 7.30pm

Thursday:

Chat, Play & Read 9.30am - 11am

Infant Massage (B) 1pm - 2pm

Friday:

Development Matters 9.30am - 11am

Poulton

Clark Street, Morecambe

Monday:

Development Matters 9.30am - 11am

> Infant Massage 1pm - 2pm

Wednesday: Baby & You

Baby & You 9.30am - 10.30am

Friday:

FAB (Breastfeeding Support Group) 10.30am - 12.30pm



Midwives: 01524 583367 Health Visitors: 03002470040

The Community Midwives Team and

HRCG (Health Visitors) hold clinics across all our centres Monday to

Friday.

To book into these please contact

them on the following numbers:

Need advice/support? Citizen Advice and Smoking Cessation in pregnancy hold clinics at our centres.

To book on, please contact them on the following numbers:

Citizen Advice: 01524 581280 Smoking Cessation: 07811072610

Morecambe Library

Central Drive, Morecambe, LA4 5DL

Monday:

Move & Groove (8 -11 years) 3.30pm - 4.45pm

Tuesday:



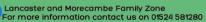
Young Parents to Be 1pm - 3pm

Inside Out (8 - 11 years) 3.30pm - 4.45pm











INSIDE OUT

Come and make friends and have fun!

This group helps to support children who may be struggling to express and manage their emotions or are presenting with anxious behaviours and low self-confidence. (8-11 years - Key Stage 2)

In the sessions children will be able to:

- Explore wishes and feelings and understand worries.
- Look at ways to help manage strong emotions.
- Take part in creative and physical activities to encourage positive interaction with their peers.

Children and Family Wellbeing

- Build confidence and social skills.
- Meet new people and make new friends.
- · Play games.

Most of all come along and have fun!!



