



As Historians, Y5 enjoyed visiting Judges' Lodgings in Lancaster to begin their new topic about the Victorians.

Our value this half-term is Courtesy

Definition of Courtesy: A polite remark or respectful act.

What does courtesy look like?

People who show courtesy:

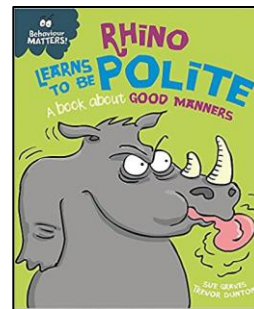
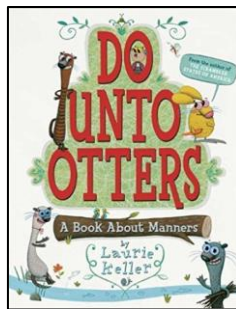
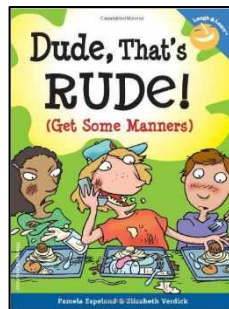
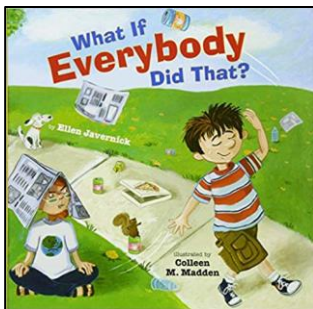
- Show politeness and manners to everyone.
- Speak to each other nicely and in a positive way.
- Listen to other people carefully.
- Say what other people have done well.
- Talk, work and play with everyone fairly and don't let differences get in the way.
- Treat others how they themselves would like to be treated.

People who show courtesy realise:

- Saying please, thank you, excuse me, hello and goodbye are just some expressions that demonstrate you are a courteous person.
- When you speak and act courteously, you give others a feeling of being valued and respected.
- That everyone has an opinion that is worth listening to.
- That we are all different.
- That we should show everyone respect.



Why not read the following books about courtesy?



Y3 & Y4 Staffing Update

Mrs Elwers has now started her maternity leave and we wish her all the very best. Last half-term, we welcomed Miss Frankland to the Mossgate team who has been busy teaching in different classes and getting to know the children.

This term, Mrs Wannop will change her teaching days to the beginning of the week, with Miss Frankland teaching the end of the week.

	Mon	Tues	Wed	Thurs	Fri
am	Mrs Wannop	Mrs Wannop	Miss Frankland	Miss Frankland	Miss Frankland
pm	Mrs Wannop	Mrs Wannop	Mrs Wannop	Mrs Boswell – French Mr Smith – Computing	Miss Frankland

Mrs Wood has also requested a reduction in her teaching commitment to four days which will begin from next week. Miss Frankland will teach Y4 every Monday with Mrs Wood teaching Tuesday to Friday.

Curriculum Newsletters – Spring 1 2024

Curriculum newsletters for this half-term have been sent by School Spider and email. They are also available on our website, under 'Curriculum'. Our curriculum newsletters detail the key areas of learning by subject area. If you have any questions about what is being taught, please contact your child's class teacher via the office.



Well done to our Football Team (pictured left) and our Swimming Gala Team (right) who both represented the school brilliantly last week at local competitions. Thanks to Mrs Wood for organising.

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school due to illness. In most cases, children are well enough to attend school and when they are busy with their friends, will often forget they are feeling ill. We can administer medicines like Calpol, if you complete the relevant form at the school office. If your child is well enough to go to school, but has an infection that could be passed on, such as a cold sore or head lice, let the school office know so that this information can be shared with the class teacher.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](https://www.gov.uk/managing-specific-infectious-diseases). These state when children should be kept off school and when they shouldn't.



For other common illness, recent NHS advice states:

- **Coughs and colds:** It's fine to send your child to school with a minor [cough](#) or [common cold](#), but if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.
- **High temperature:** If your child has a [high temperature](#), keep them off school until it goes away.
- **Chickenpox:** If your child has [chickenpox](#), keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.
- **Cold sores:** There's no need to keep your child off school if they have a [cold sore](#). Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.
- **Conjunctivitis:** You don't need to keep your child away from school if they have [conjunctivitis](#). Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.
- **COVID-19:** If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either: have a high temperature or do not

feel well enough to go to school or do their normal activities. Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

- **Ear infection:** If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
- **Hand, foot and mouth disease:** If your child has [hand, foot and mouth disease](#) but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.
- **Head lice and nits:** There's no need to keep your child off school if they have head lice. You can treat [head lice and nits](#) without seeing a GP.
- **Impetigo:** If your child has [impetigo](#), they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.
- **Ringworm:** If your child has [ringworm](#), see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.
- **Scarlet fever:** If your child has [scarlet fever](#), they'll need treatment with antibiotics from a GP. Otherwise, they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.
- **Slapped cheek syndrome (fifth disease):** You don't need to keep your child off school if they have [slapped cheek syndrome](#) because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.
- **Sore throat:** You can still send your child to school if they have a [sore throat](#). But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of [tonsillitis](#).
- **Threadworms:** You don't need to keep your child off school if they have [threadworms](#). Speak to your pharmacist, who can recommend a treatment.
- **Vomiting and diarrhoea:** Children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

Dates for your Diary

Mon 15/01	Clubs for the spring term start
Thurs 18/01	'Jump into January' themed meal – meals will be ordered for all infant children to sample
Wed 24/01	Y5 Lancaster Slave Trail Visit
Tues 30/01	Governors' Resources Committee Meeting 4:30pm
Thurs 08/02	Local artist, Helen Yates, working with Y3
Fri 09/02	Reception class parent event in the hall, 1pm – 'Come and see how we learn'
Fri 09/02	School closes for February half-term
Mon 19/02	School reopens – no clubs this week
Thurs 22/02	PSFA Spring Disco (£2.50 for entry, bag of Haribo and juice, entertainment and games)
Mon 26/02	Clubs resume
Mon 04/03	Academy Photography in for class & leavers photos
Wed 06/03	Reception walk to the post box to post cards
Tues 12/03	Governors' School Improvement Committee, 4:30pm
Wed 13/03	Parents' Evening with children's books – booking details to be sent next week
Fri 15/03	PSFA Non-uniform – chocolate donations please
Fri 15/03	Red Nose Day – fundraising activities to be organised by the Mossgate Parliament
Fri 15/03	Reception Stay and Learn Afternoon in the hall, 1pm
Tues 19/03	Y5&6 Be The Change Trip to Lancaster University
Mon 25/03	No clubs this week
Wed 27/03	Y4 Virtual Ancient Greece session with the British Museum
Wed 27/03	PSFA Chocolate Tombola, after school
Wed 27/03	PSFA Easter Bingo, 6-8pm (£1 per book of 6 games / drinks and sweets on sale)
Thurs 28/03	School closes for the Easter break
Mon 15/04	School reopens for the summer term



We submitted an **article** to the Visitor and Lancaster Guardian which they have published. You can read the full text by [clicking here](#).



A selection of **thank you cards** created by our talented Y6 children for local businesses who donated prizes for our Christmas events.

Prizes needed!

If you work for a local business, or run your own business, and are in a position to offer prizes for our Easter PSFA events, please get in touch with school by phone, private Facebook message or email.

Community News

Staff will often post details or services, clubs and events on Facebook, but I will try to include in future newsletters so that those not on Facebook will also receive details.

IS YOUR CHILD SUFFERING WITH ANXIETY?

Join a free workshop
for parents by parents

- *Gain greater understanding of anxiety
- * Increase confidence/ability in supporting your child
- * Explore self-care strategies

C.H.A.T.S
Counselling Help Advisory Training Support

More Music
13-17 DEVONSHIRE RD
MORECAMBE LA3 1QT
10am to 1pm
Thursday
18th January

To book a place contact:
chats_123@yahoo.com
Rebecca 07950784015
Claire 07908452426

NHS
Lancashire & South Cumbria
NHS Foundation Trust

COMMUNITY FOUNDATION
For Lancashire

INSIDE OUT

Come and make friends and have fun!

Children and Family
Wellbeing
Service

This group helps to support children who may be struggling to express and manage their emotions or are presenting with anxious behaviours and low self-confidence.
(8-11 years - Key Stage 2)

In the sessions children will be able to:

- Explore wishes and feelings and understand worries.
- Look at ways to help manage strong emotions.
- Take part in creative and physical activities to encourage positive interaction with their peers.
- Build confidence and social skills.
- Meet new people and make new friends.
- Play games.

Most of all come along and have fun!!

**Every Tuesday at Morecambe Library, Central Drive,
Morecambe LA4 4DW from 3.30pm to 4.45pm**

FREE to attend.

Just turn up or ring

01524 581280

for more information.



Lancashire
County
Council



Scouts gives young people #SkillsForLife.

Squirrels (4-6yrs)

Beavers (6-8yrs)

Cubs (8-10 ½)

Scouts (10 ½-14)

Explorers (14-18)

Want to try something new?

Want to learn a new skill?

Want to meet a new group of
friends?

Each week we help young people have fun, go on adventures and develop #SkillsForLife. Why not be one of them!

Register your interest at <https://westlancsscouts.org.uk/want-to-join/> and we will match you up with the right group for you.

For further information please contact our team.

jan.townley@westlancsscouts.org.uk

lizzy.baker@westlancsscouts.org.uk



What's On At Our Centres?

January - February 2024

Lune Park

Ryelands Park, Owen Road,
Lancaster, LA1 2LN

Monday:

Baby & You (0-pre walkers)
10am - 11am

Tuesday:

Infant Massage (B)
10am - 11am
11am - 12pm

Chat, Play & Read
1pm - 2.30pm

Wednesday:

Development Matters
9.30am - 10.30am

Chill & Chat
10.30am - 11.30am

Colourful Footsteps
1pm - 2.30pm

Thursday:

Triple P Group (B)
9.30am - 11.30am

Inside Out (8-11 years)
3.30pm - 4.30pm

Bump, Birth & Beyond (B)
5.30pm - 7.30pm

Friday:

Mini Move & Groove
9.30am - 11am



Do you want to know more information about the sessions, or have a general query about what else we offer?

Give us a call on
01524 581280

Poulton Sensory Room

Poulton Sensory Room is available to use **free** of charge at Poulton Neighbourhood Centre.

Use of the Sensory Room is subjected to availability.

The following sessions you need to book on to join in...

Infant Massage
Big Cook, Little Cook
Triple P Courses
Bump, Birth & Beyond Courses

Carnforth

Kellet Road, Carnforth, LA5 9LS

Monday:

FAB (Breastfeeding Support Group)
9.30am - 11am

Infant Massage (B) Starts Feb 2024
10am - 11am

Development Matters
1pm - 2.30pm

Inside Out
(8 - 11 years)
3.30pm - 4.45pm



Monday:

Special Guardianship
Stay & Play Group
9.30am - 11am
(1st Monday of the month)

Tuesday:

Baby & You (0 - pre walkers)
9.30am - 10.30am

Deaf Baby Group
1 - 2.30pm

Big Cook, Little Cook (B)
3.30pm - 4.45pm

Wednesday:

Teen Triple P (B)
1pm - 3pm

Bump, Birth & Beyond (B)
5.30pm - 7.30pm



Thursday:

Chat, Play & Read
9.30am - 11am

Infant Massage (B)
1pm - 2pm

Friday:

Development Matters
9.30am - 11am

Poulton

Clark Street, Morecambe,
LA4 5HR

Monday:

Development Matters
9.30am - 11am

Infant Massage
1pm - 2pm

Wednesday:

Baby & You
9.30am - 10.30am

Friday:

FAB
(Breastfeeding
Support Group)
10.30am - 12.30pm



The Community Midwives Team and HRCG (Health Visitors) hold clinics across all our centres Monday to Friday.

To book into these please contact them on the following numbers:

Midwives: 01524 583367
Health Visitors: 03002470040



Need advice/support? Citizen Advice and Smoking Cessation in pregnancy hold clinics at our centres.

To book on, please contact them on the following numbers:

Citizen Advice: 01524 581280
Smoking Cessation: 07811072610

Morecambe Library

Central Drive, Morecambe, LA4 5DL

Monday:

Move & Groove (8 -11 years)
3.30pm - 4.45pm

Tuesday:

Young Parents to Be
1pm - 3pm

Inside Out (8 - 11 years)
3.30pm - 4.45pm



Lancaster and Morecambe Family Zone
For more information contact us on 01524 581280

