

Be a Cress Barber



Written by Emma Lynch

cress

cotton wool

crack

scoop
until
moist

softer

stems

starts



sandwiches

Can you read the Tricky words?

come

some

little

when

like

Can you read the Tricky words?

so

what

do

out

have



What you need:

- eggs
- cotton wool
- cress seeds
- egg box
- pens

What you do:

1. Crack the top of the eggs off. Scoop out all the egg.



2. Fill the egg shells with cotton wool.



3. Fill the can. Soak the cotton wool until it is moist.



4. Drop some cress seeds on to the cotton wool.



**Cress seeds are little
but they have thick
coats.**



The coats get softer when you soak them.



5. Turn the shells into cress men.



What will they look like?

6. Keep the egg box in a light spot.



7. Keep the cotton wool moist.



Look at the seeds.



The stems come up and out of the seeds.



The green cress starts to come out.



So now the cress hair has come!



8. When the cress is long, you can cut it.
You can have it in egg sandwiches.

