

Year 3 Home Learning: Summer 2 – Week 2

Working together to achieve success'



Hello Y3. I have created a timetable to support learning at home which combines online learning platforms with paper based activities you can view on screen and complete in your exercise book from school. **We do not expect families to print resources off!** I also want to know what you have been busy doing, so please email me at year-3@mossgate.lancs.sch.uk and I will share these on our school's FaceBook page. Please use the email address if you have any questions about the learning as well. Take care and keep safe. Mrs Wannop.

Daily PE

Start the day with 20-30 minutes of physical activity. Suggestions include: Joe Wicks Daily PE lesson Natasha Butler Daily Workout / Just Dance videos in YouTube. Additional physical activity ideas will be uploaded to our website www.mossgate.lancs.sch.uk > Home Learning

Daily Newsround

Watch the 5 minute news summary daily at 12:15pm by going to <https://www.bbc.co.uk/newsround> and click 'Watch Newsround' in the top right hand corner. Discuss topical items in the news and research any aspects which interest – this could be a topic, country or person. Newsround updated daily.

Maths

This week we are learning about. Go to <https://whiterosemaths.com/homelearning/year-3/> to access the resources. Use the video to help explain the concept and then complete the activity (in your exercise book) which you can access by accessing the school website and following this path: 'Summer 2 Home Learning – Week 2 – Year 3'.

	Monday	Tuesday	Wednesday	Thursday	Friday
Mental Maths	Complete 15 minutes of IDL Numeracy (https://idlsqgroup.com/) and/or Times Tables Rocks Stars (https://play.ttrockstars.com/auth/school).				
<u>You will find the videos and ppts by following the White Rose Maths link https://whiterosemaths.com/homelearning/year-3/ and clicking on Week 6 (w/c 1st June). The sheets required for each day have been downloaded and are accessible by following: 'Summer 2 Home Learning – Week 2 – Year 3'.</u>					
White Rose Maths	Lesson 1 – Tenth's as decimals	Lesson 2 – Fractions on a number line	Lesson 3 – Fractions of a set of objects	Lesson 4 – Fractions of a set of objects	Lesson 5 – Friday challenge!

English

Focus theme: Be Healthy and Happy!

This week you will look at the types of foods we need to eat to stay healthy through listening to songs and reading information, designing a menu and even creating your own active shake up activity!

<p style="text-align: center;">Mon</p>	<p>Watch and enjoy this song: Keeping Healthy song https://www.youtube.com/watch?v=yN1Bc1oFO68 Discuss what you have learned after watching and enjoying the song. Now look at this website: NHS – Eat Well Guide https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/ Adult support will be needed to read, navigate and discuss the content of this website. After this, create, draw and label your own Eat Well plate. Organise your plate into sections for: carbohydrates protein dairy foods fruit and vegetables You could present this by drawing on a paper plate or making your own plate out of paper/cardboard. Display it in your kitchen for everyone in your family to see. Next time you eat your dinner, can you identify all the foods on your plate and to which food group they each belong?</p>
<p style="text-align: center;">Tues</p>	<p>Read and enjoy the activities suggested for keeping active on this website: 10 Minute Shake Up https://www.nhs.uk/10-minute-shake-up/shake-ups?filter=toy-story Try out some of these with your family! Now design your own shake up activity. Write the instructions following the same structure as the activity instructions you've just read. Design a title for your own shake-up activity. Write your instructions using numbered steps. Include some pictures and diagrams. Now try out your shake-up activity. Is it clear for others to follow? Return to your writing and edit the instructions if you need to. Do you need to make the steps clearer for your audience to follow? Finally, publish your shake-up instructions by writing them on a poster and sending to me or family members for them to try out!</p>
<p style="text-align: center;">Wed</p>	<p>Watch and enjoy the story of The Very Hungry Caterpillar by Eric Carle. You may remember reading this! The Very Hungry Caterpillar https://www.youtube.com/watch?v=75NQK-Sm1YY Watch, listen and write down what the caterpillar ate. Discuss the question – Is the caterpillar eating a balanced diet? Think about what you have learned about a balanced diet on Day 1 this week. Write an improved, healthier menu for the hungry caterpillar for a day with breakfast, lunch and tea or for a week as it appears in the story. Write your new menu using days of the week. Remember to use a capital letter for each day of the week! Use describing words (adjectives) for the food which you choose each day, e.g. <u>Monday</u> Succulent sausages and poached eggs with tomato sauce <u>Tuesday</u> Grapefruit segments and a glass of ice-cold milk <u>Wednesday</u> Granary toast with sliced cheese and tomatoes on top <u>Thursday</u> <u>Friday</u> <u>Saturday</u> <u>Sunday</u> Remember to use capital letters for days of the week and check all spelling on your menu.</p>

Thurs	<p>Following on from yesterday, now write a letter to the Hungry Caterpillar including a list of foods to stay healthy. The menu you created yesterday will help with your ideas but you can add new foods or choose to change your ideas for your letter.</p> <p>Remember to give advice about a balanced diet including protein, carbohydrates, dairy and fruit and vegetables.</p> <p>Provide some advice about not eating too many foods in the same food group or too many sweets, crisps and cake!</p> <p>Use the ideas below to help you write your letter.</p> <p>Dear Hungry Caterpillar,</p> <p>I think you need to eat different foods so you have a healthier diet.</p> <p>I would recommend that you eat these foods.</p> <p>On Monday, make sure you eat some ... so that you get some protein and fruit.</p> <p>On Tuesday ...</p> <p>On Wednesday ...</p> <p>etc.</p> <p>On Saturday and Sunday you can treat yourself to ...</p> <p>Please avoid eating too many ...</p> <p>If you follow my advice, I think you will be healthy and very happy.</p> <p>You can then be called The Very Healthy Caterpillar!</p> <p>Thank you.</p> <p>Sign your name.</p> <p>Please check all spelling and punctuation after.</p>
Friday	<p>Read and discuss the following information about keeping safe, happy and healthy in the sun.</p> <p>Be Smart in the Sun</p> <p>https://www.healthforkids.co.uk/staying-healthy/be-smart-in-the-sun/ (If the page is split in half, click for the KIDS section on the left of the page).</p> <p>Also, view this clip and read the information.</p> <p>Tips for Staying Safe in the Sun</p> <p>https://www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids</p> <p>Now discuss the guidance about keeping safe in the sun with an adult.</p> <p>Create a true and false quiz for your friends and family using the information you have read.</p> <p>For example:</p> <ol style="list-style-type: none"> 1.You should apply sun cream every 4hours – true or false? 2.You should apply sun cream 20minutes before going out into the sun – true or false? <p>Try to create ten questions for your quiz and then enjoy testing your family members to see if they know the answers!</p>

Complete 15 minutes of IDL Literacy (<https://idlsgroup.com/>) daily which develops spelling, comprehension and keyboard skills.

Topic

Mon	<p>Online Safety – Sharing Pictures</p> <p>Activity 1: Watch Jessie & Friends, Episode 2</p> <p>Find the Jessie & Friends cartoons at www.thinkuknow.co.uk/parents/jessie-and-friends-videos/</p> <p>Watch Episode 2: Sharing Pictures with your child.</p> <p>Use questions to chat about the cartoon.</p> <p>For example: How did lots of people end up seeing the pictures? What made Mo feel sad? How did the friends get help when they needed it? What did Miss Humphrey say she would do to help?</p> <p>Finish by watching the song again and having a sing-along!</p>
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Tues	<p>Science – Healthy Humans Food is a basic requirement of life. LI: To understand that food is a basic requirement of life.</p> <p>Ask the children the following types of question to get them thinking about food and what they eat or drink.</p> <ul style="list-style-type: none"> • <i>What types of foods do you like/dislike?</i> • <i>What meals do we usually eat during the day? At what times are these meals eaten?</i> • <i>How do you feel when it is nearly lunchtime or other times when you need some food?</i> • <i>Can you think of a time when you were hungry? How did you feel?</i>
Wed	<p>Ask children to think about how they feel when they are hungry and what happens to them, e.g. tummy rumbles, feel tired or grumpy, find it hard to work or concentrate. You might wish to talk to them about how they feel when they are 'full' or eat too much.</p> <p>Continue the questioning:</p> <ul style="list-style-type: none"> • <i>Why do you think that we get these feelings?</i> <p>Discuss the children's answers and explain that our bodies need food to work. Food is a basic requirement. Our bodies tell us that we need something to eat or drink.</p> <p>Get the children to complete the When I am hungry Worksheet (attached below). Ask them to draw their face when they are hungry and when they have eaten.</p> <p><i>Why do we need food?</i></p> <p>Share ideas in words or illustrations and steer children to thinking about the things our bodies do during the day, e.g. growing, learning, playing and healing.</p> <p>Use the Food – a fact of life PowerPoint to share ideas (available on the website Home Learning> Year 3> Summer 2> Week 2)</p> <p>Remind children that we need food to grow, be active and maintain healthy.</p> <p>Ask the pupils to complete the How does food help my body? Worksheet (find below). Get them to write about how food helps their own body.</p>
Thurs	<p>Use the topic grid (Home Learning> Year 3> Skills Homework Grid Year 3 Summer)</p> <p>Choose one of the tasks from the topic grid and complete this.</p>
Friday	<p>PE – Garden Games- Ball Reactions. (If you do not have an outside space you could find somewhere whilst out on a walk or in your house).</p> <p>Complete the Garden Games activity using the activity card below.</p> <p>Can you develop the game or come up with your own version? Create a card to explain how to play your version for other people and test it works with someone in your household.</p>

When I am hungry

This is me when I am hungry.

I feel _____

This is me when I have eaten.

I feel _____

Worksheet 101



How does food help my body?

Name: _____

I need to eat food so that I can...

Garden Games

Ball Reactions



Equipment:

- ✓ Ball
- ✓ Variety of random Objects

How to set up:

- ✓ Work with a partner
- ✓ Place some objects around the garden in various places
- ✓ One person needs a ball

How to Play:

- ✓ The person with the ball stands behind their partner
- ✓ They must throw the ball over the head of the person in front and shout an object
- ✓ The front player must quickly get the ball and place it by the said object
- ✓ Swap over after a few attempts
- ✓ To challenge each other see how many you can do in 1 minute